



REAL
ROSSENDALE

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CONNECTING OUR COMMUNITY

More than Medicine - Food and Conversation @ Haslingden Community Link

We are hosting a series of events involving people getting together to share their experience on several health topics. The topics are, Diabetes, COPD, Anxiety & Depression, other Long-term conditions, Carers and Expert Patients.

The information from these events is going to be used to help improve how you or someone you care for manage the condition and the services you need.

They will take place either afternoon or early evening at Haslingden Community Link. Free and with afternoon tea or supper provided.

A health professional will provide an overview on the cause, effect and treatment of the condition.

Having enjoyed the food and conversation you can leave with fresh ideas on managing your condition and where to go to find more help to do so.

Your doctor or specialist nurse may suggest you attend but the events are for anyone who could benefit themselves or family member or friend.

TO BOOK

Call Haslingden Community Link: 01706 230116 and speak to Sue, Kathy or Iqra. Email info@hcl.org.uk

We look forward to your involvement in this consultation

Don't be shy - it's fine to bring along a friend or carer

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More than Medicine - Food and Conversation @ Haslingden Community Link

We are inviting you to come to Haslingden Community Link for food and conversation to find out your feelings, views, expectations or suggestions on a range of health problems.

Enjoy Afternoon Tea or a satisfying Supper with people like yourself, family or carer.

DIABETES

Talking about Diabetes Tuesday 1st May 2018 from 2 - 4pm

COPD - CHRONIC OBSTRUCTIVE PULMONARY DISEASE

Air your views on COPD Tuesday 15th May 2018 2 - 4pm

ANXIETY & DEPRESSION

Open up on Anxiety and Depression Tuesday 29th May 2018 2 - 4pm

CARERS

Share your experience of Caring Monday 11th June - 2018 5.30 - 7.30pm

LONG-TERM CONDITIONS

Make life better with long term illness Monday 2nd July 2018 5.30 - 7.30pm

EXPERT PATIENTS

Encore - for all who have been with more to say Monday 16th July 2018 5.30 - 7.30pm

Attend as many events as are relevant to you. There is no charge. Come alone. Bring a friend. By attending you will be helping to make health services aware of the difficulties faced by people like you and telling them what would make things better. Haslingden Community Link is completely disabled accessible. Special diets catered for. To book: Please ring Sue, Kathy or Iqra on 01706.230116 or email info@hcl.org.uk